

## Title

**“Understanding” - The Gift from Jesus that Rewires Our Brain**

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**Proverbs 4:7**

**Wisdom *is* the principal thing; *therefore* get wisdom: and with all thy getting get understanding.**

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**1 Chronicles 12:32 KJV**

<sup>32</sup> **And of the children of Issachar, which were men that had understanding of the times, to know what Israel ought to do;**

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**Proverbs 2:6**

**For the LORD giveth wisdom: out of his mouth *cometh* knowledge and understanding.**

Job 12:13 NLT

<sup>13</sup> **“But true wisdom and power are found in God; counsel and understanding are his.**

Proverbs 3:13

13 Happy *is* the man *that* findeth wisdom, and the man *that* getteth understanding.

Understanding more about the beauty of Jesus has profound benefit. Seeing more of Him is seeing more of who we really are and the inheritance that we have in Him. Plus the more we see Him the more we are changed to be like Him and there is a union or oneness of heart and mind with God that we experience.

Let's peel that onion back some more. First starting with a definition:

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**Understand**

***To understand someone means to know how they feel and why they behave in the way they do with a genuine interest in the other and their concerns.***

In other words, when you understand someone, you are on the same wavelength, yours and their thoughts are synchronized. An example of how understanding leads to synchronizing thoughts and feelings is when Jesus opened the disciple's understanding.

Let's do a quick review of the Road to Emmaus visitation and later the visitation to the other disciples

Overview of Cleophas and partner and what Jesus did for them

The story goes on to tell how they went to the disciples to tell who they saw and that He was alive but they didn't believe them either. Just like they didn't believe the women. And Jesus appeared in their midst.

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**<sup>44</sup> And he said unto them, These are the words which I spake unto you, while I was yet with you, that all things must be fulfilled, which were written in the law of Moses, and in the prophets, and in the psalms, concerning me.**

**<sup>45</sup> Then opened he their understanding, that they might understand the scriptures,**

Jesus spent time interacting with them like that in part to help their brains take this reset that was available for them. He engaged all of their 5 physical senses.

They could see Him with their physical eyes, they could hear Him speaking, They could feel His hands, as they drew close to Him they could smell Him, they could see Him consuming the same food they were eating. He was engaging their physical sensations and their feelings so they could come to a different conclusion about who was standing in front of them and that He was the one revealed in scripture.

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**"Neurons that fire together wire together."**

***1949 by Donald Hebb, a Canadian neuropsychologist known for his work in the field of associative learning.***

Hebb's axiom reminds us that every experience, thought, feeling, and physical sensation triggers thousands of neurons, which form a neural network. When you repeat an experience over and over, the brain learns to trigger the same neurons each time.

Brain science has caught up with the Bible and there's scientific evidence that rewiring the brain can happen it's called neuroplasticity (the ability of the brain to form and reorganize synaptic connections, especially in responses to learning or experience or following injury" - Oxford English Dictionary).

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**Character transformation happens when the brain is fueled by the gift of understanding.**

In Luke Jesus was gifting the disciples with understanding, the ability to know Him, to know God the Father and to know God's heart for them. They needed to realize that they couldn't understand scripture without seeing Jesus in them.

When we see Jesus in the scripture and Him lived out in community by His Spirit we are changed more into His likeness. To experience more of Him means more of our entire brain needs to change.

### **DECLARATION AND ACTIVATION**

By the power of Holy Spirit my neurons will fire and rewire according to the words of Jesus Christ!

Let's look at an example of seeing Jesus in scripture like the early church did that was used to help transform their lives:

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##### **Revealing Jesus through the life of Obbededom**

Overview the story that led up to David taking the ark of the Lord

2 Samuel 6:10-13

<sup>10</sup> So David would not remove the ark of the LORD unto him into the city of David: but David carried it aside into the house of Obbededom the Gittite.

<sup>11</sup> And the ark of the LORD continued in the house of Obbededom the Gittite three months: and the LORD blessed Obbededom, and all his household.

<sup>12</sup> And it was told king David, saying, The LORD hath blessed the house of Obbededom, and all that pertaineth unto him, because of the ark of God. So David went and brought up the ark of God from the house of Obbededom into the city of David with gladness.

<sup>13</sup> And it was so, that when they that bare the ark of the LORD had gone six paces, he sacrificed oxen and fatlings.

<sup>4</sup> Moreover the sons of Obbededom were, Shemaiah the firstborn, Jehozabad the second, Joah the third, and Sacar the fourth, and Nethaneel the fifth.

<sup>5</sup> Ammiel the sixth, Issachar the seventh, Peulthai the eighth: for God blessed him.

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##### **OBEDEDOM's Sons**

1. Shemaiah = "heard by Jehovah",
2. Jehozabad = "Jehovah has endowed",
3. Joah = "Jehovah is brother".
4. Sacar = "wages",
5. Nethaneel = "given of God",
6. Ammiel = "my kinsman is God",
7. Issachar = "there is recompense",
8. Peulthai = "work"

<sup>6</sup> Also unto Shemaiah his son were sons born, that ruled throughout the house of their father: for they were mighty men of valour.

<sup>7</sup> The sons of Shemaiah; Othni, and Rephael, and Obed, Elzabad, whose brethren were strong men, Elihu, and Semachiah.

<sup>8</sup> All these of the sons of Obededom: they and their sons and their brethren, able men for strength for the service, were threescore and two of Obededom.

**Shemaiah = "heard by Jehovah" 1 Unity**

Deut 6:1-2, Hear, O Israel: The LORD our God *is* one LORD: And thou shalt love the LORD thy God with all thine heart, and with all thy soul, and with all thy might.

**Jehozabad = "Jehovah has endowed" 2 Double Witness**

John 5:36-37 Jesus said, But I have greater witness than *that* of John: for the works which the Father hath given me to finish, the same works that I do, bear witness of me, that the Father hath sent me. And the Father himself, which hath sent me, hath borne witness of me. Ye have neither heard his voice at any time, nor seen his shape.

**Joah = "Jehovah is brother" 3 Divine Fulness Perfection**

Col 1:15, Jesus is the express image of God

**Sacar = "wages" 4 Earth, Material Creation**

Genesis 15:1 where God told Abraham that was his exceeding great reward (salary)

**Nethaneel = "given of God" 5 Grace Favor**

Luke 4:19 Jesus declared ..... and that the time of the LORD's favor has come

**Ammiel = "my kinsman is God" 6 is the number of man**

Jesus is fully God and is fully man.

**Issachar = "there is recompense" 7 represents completion or spiritual perfection**

Hebrews 5:9 Jesus was made perfect. And recompense - compensation or reward given for loss or harm suffered or effort made. Jesus is the One who has recompensed us for the harm that was done to us.

**Peulthai = "work" 8 New Beginning**

The covenant God made with Abraham, the Burning Furnace and the Flaming Torch that walked in the blood of those animals that day that God made a covenant with Abraham and his seed when Abraham believed that God would send His Son to be the savior for all mankind. Obededom the Gentile believed and he pressed into get revelation from God on this covenant. He valued the presence of God. He wanted the ark of God in his house. We know that because of the fruit of his life, the way his family flourished in their home and in the house of the Lord

the names that he gave his sons which all pointed to the covenant God made with Abraham - that through His Son (Jesus) all mankind would be in a place of union with Him.

You can see the revelation for us that was brought out in the testimony of Jesus in Obededom's life when you look at Ephesians 1:2-12 KJV

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**1 John 5:20**

**<sup>20</sup> And we know that the Son of God is come, and hath given us an understanding, that we may know him that is true, and we are in him that is true, even in his Son Jesus Christ. This is the true God, and eternal life.**

Take-away!

Embrace the process of becoming who you are by leaning into the gift of understanding.